In a nod to this Friday's Day of the Child, the Council's office of sports has put together a very special evening for youth aged 14 to 18 at the Antoni Blanc fitness centre. Department head Jordi Vidal described his office's coordination of sports activities from 8 p.m. to 12 midnight, «including dances, skill-based games and sports, and use of the pool and gym».

Saturday, open-house at sports centre

The following day, 21 November, a day of sports will be geared toward families. «With the open-house on Saturday, Formentera families will have a whole day to get physical and focus on the family at the same time», explained Councillor Vidal, who described a wide array of activities as being organised. From 9:15 to 12 noon, children will have the opportunity to try out judo, basketball, indoor football and tennis, just to name a few, and from 12 to 1, staff will open up the swimming pool for water play. Finally, the kids can have a bit of a rest and snack from 1:15 to 2, before winners are announced in the school drawing contest for the Day of the Child.

All the while, parents can take part in an organised walk to Can Marroig put together by the Espalmador sports group; try their hand (or foot) at indoor cycling, pilates, self-defence or zumba classes; practice paddleball or tennis on the nearby courts; or head to the pool for open swim. The councillor invited all of Formentera to «come out to get a first-hand look at all the sports and fitness activities posible here on the island».