

The Formentera Council's tourism office issued details today on this autumn's *Descobreix Formentera a l'octubre*

("Discover Formentera in October"). This time around the initiative takes on particular importance given its inclusion in the Save Posidonia Project festival programme. Every year, the initiative proposes special deals to attract late-season tourists to the island. Details about discounts on ferry tickets, car hire and overnight accommodation, as well as other up-to-the-minute information, can be found at <u>www.formentera.es</u>

Tourism secretary Alejandra Ferrer cited "persistently pleasant weather, a packed ledger of cultural and sports programming and a laid-back atmosphere" as reasons to consider off-season travel to the island. She drew special attention to the green theme of this year's push—a nod, she said, to 2017's designation as Year of Sustainable Tourism.

Gastro weekends

The last weekend in September (plus October 1) and the second weekend of October, the 6th and 7th, restaurants across the island will offer special gastro spreads at \in 20 (drinks sold separately). All the info, along with complete meal details, will soon be online at <u>www.formente</u> <u>ra.es</u>.

SONEGPosidonia

October 6-8 Formentera welcomes Son Estrella Galicia Posidonia, a total experience in gastronomy, music, outdoors and local heritage. Like all Save Posidonia Project-partnered events, money will be collected to safeguard tracts of the seagrass meadows. For all the fine points, visit <u>https://estrellagalicia.es/son/festivales/posidonia/</u>

Save Posidonia Festival

During Save Posidonia Festival, a four-day programme of culture, sport and earth consciousness beginning October 12, specialists will join average citizens in pondering environmental sustainability. Visit <u>www.saveposidoniaproject.org/festival</u> for complete programme information.

October 12-15, Formentera will play host to **Formentera ZEN** too. Three years old this October, the assortment of seminars and workshops promises a dynamic and spontaneous exploration of both the conventions that underpin our reality and our very perception of it. To get all the details and register, go to <u>www.forment</u> erazen.info

Amics de Formentera are back with **Volta a Peu**'s yearly autumn feature, a group "walk round the island" held in stages from October 12-15. Find the timetable and signup information at www.amicsdeformentera.cat.

Then there is the town of **el Pilar de la Mola's annual festival**, October 11 and 12—two days of live music, traditional dance, children's activities and a parade.

Sport

October's offering of fitness starts on the 7th with the **Formentera Triathlon** (www.triatlonforme ntera.com). October 12 runners make "the climb" to la Mola with the twenty-second **Pujada** . Two mountain-biking events take place October 27-29: a three-part race (**BTT Cicloturista**) and the one-day **Challenge** across la Mola. www.bttformentera.net

Come out October 21 for the autumn favourite, particularly among German expats on the island, **Oktoberfest**. The party includes beer tastings, original deutsch eats and musicians performing live music.