



The Departments of Social Welfare and Education of the Consell de Formentera report that 10 October will mark the start of *Xerrades per a famílies i docents* (“Talks for families and teachers”), a series of two-hour lectures set to run through 7 May in the multipurpose room of the Centre de Dia. The social welfare office of the Consell puts on the initiative, with additional help from the education department, the local teachers’ resource centre (CEP) and the Formentera chapter of the Federation of Parents’ Associations (FAPA).

The opening talk, titled “*Bencriats: Claus per educar els nostres fills i filles*”, will be led by Belén Alvite, the head of the Eivissa Centre for Study and Prevention of Addictive Behaviour (Cepca).

A two-part objective drives the deep-dives: to help families and educational staff sharpen their strengths to stop problematic behaviour like bullying or drug- and alcohol-use before it starts, and to give support to the two groups in their roles as family members and educators.

Social welfare councillor Rafa Ramírez described the gatherings as “spaces of information and learning, where improved educational experiences and strategies to develop the whole child emerge thanks to experience sharing and group reflection”.

Each event in the nine-part series starts at 5.00pm in the Centre de Dia’s *sala polivalent* (multipurpose room) on 10 October. Daycare will be provided.

***Bencriats: Claus per educar els nostres fills i filles* (Raised right: Keys to teaching our children)**

Belén Alvite

10 October

***Nens bons i dolents: El perill de les etiquetes* (Good and bad kids: The trouble with labels)**

Alberto Soler  
14 November

***Fortnite...oci o addicció? (Fortnite...recreation or addiction?)***

Andreu Alba  
28 November

***Tic Toc, Instagram, Snapchat...? Coneixeu per on es mouen els vostres fills i filles? (Do you know what your sons and daughters are into on their phones?)***

Belén Alvite  
12 December

***Com parlar de sexualitat amb els nostres fills? (How do we talk about sexuality with our children?)***

Teresa Ramos  
30 January

***A la vora d'un atac de nervis! (On the verge of a nervous breakdown!)***

Iván Castro  
6 February

***Què vol dir menjar bé? (What does 'healthy eating' mean?)***

Marina Ribas  
12 March

***Recompenses i càstigs en polèmica (Analysing the carrot and stick)***

Estela Berenguer  
30 April

***Com parlar amb els i les nostres fills i filles adolescents (Talking with our adolescent children)***

Carles Ventura

7 May

For more information, contact the social welfare department by telephoning 971.321.271 or sending an email to [educaciosocial@conselldeformentera.cat](mailto:educaciosocial@conselldeformentera.cat).

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**Department of Communication**  
**Consell de Formentera**