The Formentera Department of Social Welfare announces the rollout of a new helpline offering psychological support during the Covid-19 crisis. Its creators see the service as a first line of mental-health assistance for individuals in situations of distress linked to the pandemic.

Department chief Rafael Ramírez said the aim of the service was “to give islanders a helping hand as we return to normalcy”. “We must realise that the pandemic has already taken a considerable emotional toll on the people of the island”, said the conseller.

A psychologist is available to give individuals guidance as they deal with emotional and relational troubles like anxiety, depression, family conflicts and increased use of alcohol, tobacco or other substances as a result of confinement.

The service can be accessed by scheduling an appointment over the phone (971 32 12 71) or via email (benestarsocial@conselldeformentera.cat).

7 May 2020
Department of Communications
Consell de Formentera