



The Formentera Department of Youth reports that a full calendar of programming has been teed up for the month ahead to commemorate the anniversaries of the Universal Declaration of the Rights of the Child (1959) and adoption of the Convention on the Rights of the Child (1989) and World Children's Day on 20 November.

Youth and childhood councillor Vanessa Parellada said Covid-19 meant organisational efforts faced an uphill climb — a challenge that was overcome thanks to coordination across the youth, sports, culture, social welfare and equality departments. “The idea was to give local youngsters a chock-a-block activities bill to celebrate their day”, the councillor explained. “Kids were the first ones affected by the pandemic, so this year the organisational effort wasn't just about adapting to public health measures, it was about really tailoring activities especially for kids.”

### Screenings

First on the calendar is a Wednesday 4 November viewing of a talk from Carles Capdevila on humour in childrearing. An acclaimed journalist and communicator, Capdevila writes and speaks from personal experience about the power of humour in parenting.

Wednesday screenings continue two weeks straight with David Trueba's “A mi yo adolescente: generaciones” followed by Mar Romera's “Las emociones no se aprenden, hay que vivirlas”. Set at the Casal de Joves, screenings start at 6.30pm and seek to help young people manage their emotions and navigate school and the adolescent years.

### Lectures, congresses and conferences

Another standout feature of the programme —and parents and children's chance to improve their relationships, ask questions, and share educational tips— are the lectures. First up is a talk with therapist Ana Serra about the importance of promoting children's autonomy and how to do it with ease. The event starts at 5.00pm, Thursday 5 November, in the Consell de Formentera Sala d'Actes. Tickets must be booked in advance by emailing [educaciosocial@conselldeformentera.cat](mailto:educaciosocial@conselldeformentera.cat) or phoning 971 32 12 71.

6 November marks the return to Eivissa and Formentera of Proyecto Juntos' "Vívete". As the congress celebrates its fourth year, Toni Nadal, who trained Rafa Nadal from the start of his career to 2017, leads a reflection on attitudes, values and emotions. A naturalist, professional adventurer and conference speaker, Nacho Dean was the first person to walk and swim round the world in a bid to spotlight the importance of planetary conservation. Mery Oca explores the dangers of Instagram. Leukemia and Covid-19 survivor Luis Daniel Martin will contribute too. Conceived for youth in general and secondary school pupils in particular, the congress can be followed online.

24 November, Yolanda Domínguez will share insight into how changing the world means changing the images around us. Analysing the images that characterise today's media, Domínguez will also hold out examples of some of her own visual actions. The event will take shape in Centre d'Esports Nàutics at 7.00pm.

### **Family-friendly production**

From 6.00pm on Saturday 14 November, children three and up are encouraged to check out La Tartana Teatro's "Soñando a Pinocho" at Sala de Cultura. Reservations must be made before 10.00am on Friday 13 November by emailing [reserves@conselldeformentera.cat](mailto:reserves@conselldeformentera.cat).

### **Children's parliament**

For World Children's Day on 20 November, youth council participants on Formentera and across the region are invited to join the ninth Balearic Youth Parliament (Parlament Infantil i Juvenil). For this year's virtual event, groups will share conclusions from their work on Sustainable Development Goals related to health and the environment.

### **Children's plenary**

Participants of Formentera's youth council have another November event to look forward to: the group's twice yearly full-house assembly. The sessions are intended to promote the active involvement of Formentera's children and youth —fully capable thinking and expressing beings— in municipal policies. The date of the assembly is pending.

### **Other family-friendly leisure and sport**

The Casal de Joves and Formentera Marxa have teamed up with the Escola de Vela to invite families on a day of cycling and sailing. Advance reservations are required ( [casal@conselldeformentera.cat](mailto:casal@conselldeformentera.cat) ).

From 7.00pm on 23 November, 'Ajuntament Vell' exhibition space welcomes Yolanda Domínguez's "Little Black Dress" — a reflection on gender and social consciousness, a critical look at the representation of women in fashion and an invitation to embrace diversity.

International Day for the Elimination of Violence against Women happens 25 November, and the day's programme starts at 4.30pm with a batucada drum performance from Bloco Colubraría in Plaça de la Constitució. Rally, manifesto and production of "A Rapist in Your Path" to follow.

Closing out the month-long activities bill is a Formentera Divers-hosted "try dive" for families. The dive happens 28 November in the municipal pool and advance reservations are required ( [poliesportiu@conselldeformentera.cat](mailto:poliesportiu@conselldeformentera.cat) ).

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**Department of Communications**  
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