

Volunteering is the set of activities aimed at the satisfaction of general interest, developed by individuals, provided that the activities are not conducted within an employment relationship, civil service, commercial or otherwise, paid or derived from a legal and also meet certain requirements.

People aiming to belong to voluntary work have to be, in any event, seniors and pass a screening phase to determine the availability and level of their personal and academic training. The areas are helping elderly, disabled, children at risk, leisure and free time, etc.

Hours: Monday through Friday from 9 to 14 h.

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