The Consell de Formentera youth office presents the October activities programme at the Casal de Joves. Department chief Vanessa Parellada called the run of activities and workshops “part of the ongoing priority to give younger generations leisure options building on values of solidarity, healthy living and environmental attunement”.

Films

Once a week at 6.30pm, Casal staff open the doors so visitors can plop down on the sofa, grab some popcorn and enjoy a film of special relevance to young people. Film fans on Wednesday the 2nd will see *Invictus*; on Wednesday the 9th they can catch *Es por tu bien*. The Casal announces *Pay the Ghost* for Friday the 25th, and *How to Train Your Dragon 2* on Wednesday the 30th.

Workshops

Overlapping with World Non-Violence Day on Friday the 4th is a workshop—*De quin costat vols estar?*—about raising awareness among young people about the kinds of violence that are out there and why they should be proactive about opposing them.

On Saturday the 5th Casal staff will host a workshop where participants can try their hand at a kind of painting tuned especially to send creativity soaring, “spin art”. Friday the 11th , Casal youth can pitch in and paint the columns at the centre, and Wednesday the 16th they can get in on a heart-healthy snack—*un berenar saludable*—to promote healthy eating, and to learn why that’s so important.

Friday the 18th offers yet another chance for children and teens to add their voice to the larger “Fridays for Future” movement. On Wednesday the 23rd, staff will lead a workshop focused on relaxation, then the following Saturday, one titled “Just dance” geared towards doing just that.

Horseback ride
One particularly stand-out item on the October agenda is a horseback ride. The outing is exclusively for regular Casal attendees. Space is limited, reserve in advance.

Casal staff will also put on dance workshops during the winter months.

2 October 2019
Department of Communication
Consell de Formentera