

The eleventh Formentera All Round Trail (FART) will take place tomorrow Saturday 2 April and include the usual three circuits: the 72K FART, the 42K Half Round Formentera Trail and the 21K Tros de FART. A total of 618 participants have registered for the Consell de Formentera-, Son Marçal Supporters' Club- and Elitechip SL-sponsored event.

The FART route follows the Formentera coastline, with participants setting out from the port of La Savina at 9.00am and finishing in the same location. At 11.30am, runners in the Half Round Formentera Trail will start at Es Arenals beach and continue to the port. This year's Tros de FART will take place Saturday, at 4.30pm, with runners covering the distance between Es Caló and La Savina. This change was motivated by the fact that there will be more hours of daylight so runners' arrival times can be at staggered throughout the afternoon. The FART can also be done in relay pairs.

April, a month full of sporting events

Paula Ferrer, Councillor of Sports, stressed that the FART is "one of the foremost events on the island's calendar of sporting events; it embodies the spirit of participatory sport, with participants enjoying the event, the island and being respectful of the environment". This April, "sport is in the air", Ferrer insisted, with the island set to host the FART, the Volta Cicloturista (9 and 10 April), the 19th Regata Ophiusa (14 and 16 April) and the Spanish championship of Catalan catamaran (14 to 17 April).

In the word's of Alejandra Ferrer, Vice President and Councillor of Tourism, "The FART and other April sporting and cultural events are part of the Consell de Formentera's impulse to offer a healthy alternative to recreational and leisure activities. These functions are committed to the environment and to stretching out the tourist season at an ideal time of year to enjoy the quieter Formentera".

Participants in the FART are required to know and abide by certain rules, since part of the run takes place inside protected areas, which will be appropriately marked. In these zones, among

other restrictions, participants must not use any sound devices that produce strident noises, nor may they deviate from the signalled route, shout or make other loud noises.

Organisers will set up five refreshment stations along the FART, three on the Half Round Trail and one on the Tros de FART.

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