

The Formentera Office of Tourism is pleased to report that yesterday, 21 June, Formentera celebrated World Yoga Day with model and yogi Veronica Blume.

For the special day, the Consell de Formentera and Puro Bienestar programmed a master class in La Savina port which was attended by 60 people and led by Blume, a leading professional and international model.

The United Nations has selected 21 June to raise awareness of the benefits of this discipline for holistic wellness. Yoga works all areas of the human body in a well-balanced and harmonious way that is aligned with natural cycles.

The event not only served to fundraise, it was also tuned for sustainability. All proceeds from registration fees will go to the Save Posidonia Project.

22 June 2022
Communications Office
Consell de Formentera