



The Formentera Council's Office of Social Welfare has announced a series of events, April 25 through May 4, to mark the Formentera Day Centre's sixth anniversary celebration. The aim, said Councillor Vanessa Parellada, is to “educate residents about the centre's services, provide guidance and cultivate camaraderie between users of the Centre and the staff there”.

### **Open day**

The Day Centre will open its doors on Tuesday, Wednesday and Thursday between 11.00am and 1.00pm for anyone interested in learning more about the facilities, the activities hosted or the services provided.

### **Discussions and workshops**

Tomorrow, April 25, from 11.00am to 12.30pm in the multipurpose room, the Centre staff will be on hand to offer a talk about preventing minor spills around the house. Organisers decided to host the event, which will include safety tips like adapting a dwelling to any dependent residents' changing needs, when they saw that a significant percentage of falls were happening at peoples' homes.

On Wednesday, April 26, from 11.00am to 12.20pm and also in the multipurpose room, staff will give a talk on emotional intelligence for caregivers, a group plagued by high rates of stress and other disorders.

### **End of the party**

Lastly, May 4, from 11.00am to 1.00pm, the Centre will host a dance to celebrate six years of operations. For patrons of the Centre, as well as families and staff, it will be the cherry on the cake.