



The Formentera Council's social welfare office is unveiling two “family support groups”—one for parents of three to six year olds and another for children aged six to twelve. Both are free and open to the public, with no need to sign up.

Department head Vanessa Parellada said the initiative was about “teaching families, parents and children alike, to strengthen their parenting skills, part of preventing problematic behaviour like bullying and drugs, and pitching in with some extra help”.

The sessions will be held at Casal d'Entitats. Group one (for parents of children aged three to six) meets 6.00pm to 8.00pm the first Thursday of the month from January 10. Group two (for parents of six to twelve year olds) meets 6.00pm to 8.00pm the last Thursday of the month starting January 24.

The support group will have a two-part focus; According to Vanessa Parellada, "on the one hand, parents will be encouraged to raise their children to support them and guide them, and on the other, tools will be provided to prevent creeping problems from getting out hand". Conflict resolution will be explored in terms of democratic values and the strengthening of social skills with minors.

The family support group will be led by the social educator of the social welfare office and will include occasional collaboration of specialists from assorted fields.