



This Thursday 11 February from 5.00pm, visitors to the Consell de Formentera's Facebook page can tune in to Belén Alvite's presentation of 'Adolescence: time that matters'. The most recent contributor to the Formentera Social Welfare Department's 'Xerrades per a famílies' (Family Chats), Alvite is also an educator and the director of the Centre for the Study and Prevention of Addictive Behaviour (Cepca).

The talk will include advice for parents, and Alvite asserts she'll be speaking not only as a professional but also as the mother of two teenage boys. "Sometimes the task of raising, caring for and understanding children feels overwhelming", she asserts, "and it's a feeling that's magnified by increasingly complex times such as these".

**8 February 2021**  
**Communications Department**  
**Consell de Formentera**