The Formentera Office of Social Welfare is pleased to announce plans for nine new lectures as part of the 'Talks for families and teachers' (Xerrades per a famílies i docents) which turns four this year. Talks run from October to May and are supported by the Teachers' Resource Centre (Centre de Professorat) and local parents' associations.

Led by José Ruiz Sánchez, a doctor of philosophy, speaker and the author of such books as "El arte de pensar", the first of the talks will offer tips to helping children become critical thinkers. The talk will be held on 21 October at 5.00pm in the Consell de Formentera Sala de Plens, located next to the Day Centre.

Councillor Ramírez highlighted his pleasure at being able to deliver an entirely face-to-face programme, insisting that the resulting "space for learning and exchanging ideas and experiences" was "ideal for preventing the development of problematic behaviour and providing support to families and teachers on the island in their respective tasks".

Programme 'Talks for families and teachers'

- 21 October: "Helping our children become critical thinkers", José Carlos Ruiz.
- **11 November**: "Intentional eating. The art of being present at the table", Lydia Micó.
- 25 November: "With positive education, everyone wins", Cristina Torres.
- **20 January**: "Teens today. Love and educate them when they need it most", Jaume Funes.
- 10 February: "The Internet and pornography, what do we do as families", Lluís Ballester.
- **10 March**: "What if my son or daughter uses drugs?", Alicia Bustos.
- 31 March: "How to raise kids not to endure or inflict violence", Marina Marroquí.
- 7 April: "Supporting children and families through loss and grief", Belén Calafell.
- 5 May: "Emotional education for families and teachers", Raül Genovés.

All sessions will start at 5.00pm in the Consell de Formentera Sala de Plens. Daycare will be provided. Children must wear masks and health and safety measures in force will be upheld. Interested parties should reserve their spot in advance by emailing <u>educaciosocial@conselldef</u> <u>ormentera.cat</u> 071 001 071

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18 October 2021 Communications Office Consell de Formentera

XERRADES PER A FAMÍLIES I DOCENTS

