



Courses Formentera contemporary theater during the winter months

The Consell of Formentera give the Municipal Board of Culture for the course of the school "Espai Frumentaria".

The Conseller for Education and Culture of the Consell de Formentera, Sonia Cardona, presented this morning at a press conference the theater courses for this winter 2010/2011, together with the principal of the school "Frumentaria Espai" Miquel Costa and the playwright formenterense Vicent Ferrer, who is responsible for commissioning the theatrical research laboratory from November.

This school career began last year as a space for training in the performing arts. Case regular courses and workshops to form a research project in the field of contemporary theater that was well received with the enrollment of more than 40 students.

The courses offered are aimed at those interested in theatrical performance in general, and to gain knowledge of body, voice and techniques used in the performing arts.

Most courses start in November, except the course of Acrobatics and the course of Dance and Movement with a shorter duration, will be held from February to May. All interested persons may register in the department of Culture of the Consell de Formentera, which gives a space of the Municipal Hall of Culture (cinema) to the "Espai Frumentaria" school after a series of improvements in the living room and the installation of a camera obscura.

The course fees are 65 euros per month for 2 days a week and 45 euros per month for one day a week.

Regular course of theater

Initiation:

This course is specifically designed for beginners interested in the psychological and physical theater. A place where you learn to move freely and trust our inner creative impulse. With the clown nose as a symbol of liberation of our most authentic self, we will travel through different themes to end up in a month for individual stage work. *The technique of clown, mask, improvisation, movement analysis, the structure of the character and the creative process*, will be, in this order, the different stops in a way that will seek to facilitate the acquisition of personal artistic symbols.

Advanced:

In this workshop, consisting of students that had started in one of our courses or with any other experience in the performing arts, we will make an annual work around a specific topic. For this occasion we decided to conduct a research project called "the work of Samuel Beckett from the look of the clown." It is proposed therefore to know and deepen the Beckett universe through works such as *Waiting for Godot* and *Endgame*, among others. The seminar will begin with an intensive clown technique, to go slowly entering the atmosphere, the symbolism and structure of the characters and the drama of the Irish author, one of the greats of contemporary theater. The course ends with a collective staging.

Dance and Movement Course

Intensive in November

An intensive workshop where to put the body in action, using the weight and different physical dynamics, drops, suspensions, coordination. A study of improvisation and composition, where personal and group involvement is the premise to create and convey emotions. To be in a place where reality and imagination to create their travels constantly to make room to listen to the body.

Introductory and Advanced Groups

This course is aimed at adults, without prior technical work. A workshop based on the Bodyweather and dance theater. It creates a place to connect with the space and the environment around us where the body seeks its own movement through all our senses, feelings, muscles and joints. Taking images that evoke each of our landscape and building upon it to create our dance. An area of research from the body and creativity. The methodology will be active and participatory manner, taking as its starting point the needs of the individual, on the axis their own experiences and needs. Looking to develop expressive and playful and creative teamwork. The working methodology will be determined based on student feedback-monitor.

Acrobatic Workshop

It is designed for all types of people with little aptitude for physical activity. Specially designed for people who are dedicated to performing arts, providing the possibility of increasing new moves to their actions. This course offers you the opportunity to grow strong and physically flexibilizarte, optimize your relationship with your body and enjoy your skills before seemed impossible. We also provide an excellent foundation and awareness of your body to perform any kind of healthy physical activity. Learn acrobatics of soil: alone and in groups, to master the handstand as the basis for many acrobatic maneuvers, to move with control and grace knowing our body. Through the physical training will develop strength and flexibility, basic conditions for successful practice acrobatics

Yoga for the Performing Arts

Through the provision of numerous yoga exercises, we will increase our ability to concentrate and learn to breathe and work with the body in a healthy manner, thereby achieving optimal and rapid results in learning the performing arts.

Theatre Research Laboratory

Scenic Research Laboratory is the link between training and production within the project Frumentaria. The participants, who have a theater background or are familiar with the languages that come together in the stage game (audiovisual, graphic arts, music, dance ...) are collaborating on a collective project that is interdisciplinary orientation for mounting and production of a work born of his contributions. It starts with a core idea (in the laboratory started in 2009 was the updating of the classic myth of the Odyssey) is analyzed, interpreted, documented, and torn up her concentration in a subject, a structure, characters and text. Becomes the "kitchen of ideas" Frumentaria project and its results are projected onto the other areas. It is not only a confluence of independent contributions, but each of these contributions (drama, sound, sets, costumes, gestualidad inquiry ...) feeds the rest of the time it enriches them.

Motion Lab

The building conforms to guidelines from the individual, which provides a tool with which to work. At the same time, individual works are proposed, mix, confronting, questioning, feed back. The building is circular, where the pattern gets more nuanced investigation of each body through a natural and spontaneous. This pattern, the genesis of creation is therefore given by the teacher, or by members of the group that constitute it, and thus generates a whole building.