



The Formentera Council, by way of the island's office of social welfare, has chosen to participate in a programme called SEXTIMA that aims to provide comprehensive sex education to secondary school students. The programme, which will also rely on educational talks with parents and guardians, will be instated as part of the current 2014/2015 school year.

Sexuality, which accompanies us from birth and influences both our physical and mental health, plays an essential role in human development. Conceived to touch on biological, psychological and social factors, the SEXTIMA programme uses updated, objective and comprehensive information to assure proper sex education.

Both the Formentera and Eivissa local councils as well as the Public Health Office of Eivissa and Formentera are taking part in the project. Formentera councillor of social welfare Dolores Fernández Tamargo attended this morning's presentation alongside the councillor of Public Health and Welfare in Eivissa, Mercedes Prats. The two were joined by Carmen Santos, medical director of primary care, Cristina Molina, doctor and family planning specialist, and Belén Alvite, director of the Centre for the Study and Prevention of Addictive Behaviour.

The SEXTIMA programme aims to give 4,800 Pitiüsa adolescents the tools to make informed decisions about their sexual and social practises.